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Curriculum Vitae, Sakari Orava

Studies, specialties, academic degrees

- medical studies: University of Oulu 1965 – 1971
- licenced physician, MD 1972, specialist in general surgery, 197, orthopaedic surgery and traumatology, 1980, specialist in sports medicine, 1986
- PhD Thesis 1980, docent / ass. prof. / senior lecturer in orthopaedics and traumatology, University of Oulu, 1984 , University of Turku 1995
- professor 2001, honorary professor, University of Murcia, 2000
- consulting orthopaedic surgeon, chief of sports trauma and research, NEO Hospital, Turku

Sports organizations and associations

- Finnish Athletic Federation and National Track and Field Team doctor 1972 – 2002
- chief doctor of Finnish Olympic Committee 1986 – 2000
- chief doctor of Finnish Olympic Team, Summer Olympic Games: Seoul 1988 Barcelona 1992, Atlanta 1996, Sydney 2000
- member of numerous ass. (ISAKOS, ESSKA, EFORT, SICOT etc)

Consultations and operations internationally: (in Italy, from 1983, in Spain from 1990)

- Green Spring Valley Medical and Rehabilitation Center, Baltimore, USA, 1989-1996
- Runner's Center, Rome, Italy, 1985 - 2013
- Clinica Valle Giulia, Rome, Italy, 1996 – 2009, European Hospital, Rome, 2010 - 13
- Clinica Centro, Madrid, Clinica Quiron and St Cugat , Barcelona, Xanit Vithas Hospital, Benalmadena, Spain (from year 1997 - 2016
- Italian Track and Field Federation (FIDAL) from year 1985 - 2013
- Spanish Track and Field Federation (RFEA) from year 1988 - 2014

References of sports trauma / sports medicine

- Treated and operated numerous Finnish and foreign Track and Field Athletes, Olympic medallists, World and European Championship medallist, other top level athletes
- Consultant in Finland and abroad for several international sports organizations, soccer clubs and other sports clubs/associations, f.ex. Serie A of Italy, La Liga of Spain, Premier League of England.
- operated athletes from 48 countries
- done operations in 11 countries

Scientific activity

- scientific activity: appr. 700 publication, mainly sports traumatology
- (including a. 200 clinical medicine research reports and 300 international congress abstracts / presentations)